

WSCC Academy

Constructing an Effective WSCC Leadership Team

Time to Complete: 20 minutes

Person to Complete: Leader of WSCC Academy Attendees

Goal of Activity: To create a multidisciplinary team to lead the WSCC work

Background

The WSCC Academy is designed for district and school wellness teams who are interested in improving their practice alignment with the WSCC model. It is likely that specific individuals in your setting hold expertise related to practices in specific domains (e.g., physical education teacher, director of special education, school counselor, head of nursing). We offer this activity to help you construct a diverse leadership team that represents expertise and voice across WSCC domains. If you already have an interdisciplinary district or school wellness team in place, this activity may help you identify additional personnel to add to the team. **We recommend that you send 3-5 members of this team to the WSCC Academy.**

Directions

1. For each domain, brainstorm the key personnel that partake in decision-making AND in the implementation of services in that area in your district or school. More information about the WSCC domains can be found on page 3 of this document.
2. Use the third column to identify existing team members that are linked to each domain. Note that names may be written multiple times in this column. The goal is to ensure that each domain has at least one team member who can represent the ongoing work in that area.
3. Use the fourth column to identify additional staff who might be invited to join the team or consult as needed based on their content area expertise.
4. Answer the two questions below the table to (a) to summarize how many people are on the team, and (b) to plan for when and how often meetings might occur during the school year.

Example:

WSCC Domain	List key personnel	Leadership team member(s) linked to domain	Additional staff linked to domain
Physical Activity	District health and wellness coordinator, school administrators, health and physical education teachers, coaches, school nurse	<ul style="list-style-type: none">• Mr. Smith• Mrs. Garcia• Mrs. Wu	<ul style="list-style-type: none">• Physical education teacher(s)• Health education teacher(s)
Social & Emotional Climate	District social and emotional learning coordinator, school administrators, school mental health professionals	<ul style="list-style-type: none">• Mr. Smith• Mrs. Garcia• Dr. Yusuf• Dr. Greenberg	<ul style="list-style-type: none">• School social worker

WSCC Domain	List key personnel	Leadership team member(s) linked to domain	Additional staff linked to domain
Physical Activity			
Health Education			
Social & Emotional Climate			
Community Engagement			
Nutrition Environment			
Safe Environment			
Employee Wellness			
Health Services			
Family Engagement			
Behavioral Supports			

How many people are on the leadership team?

When and how often will leadership team meetings occur?

Note: This Activity is based on Activity 1 in the [WSCC Practice Blueprint](#).

10 Domains of the WSCC Model



Health Education: Structured learning experiences in which students acquire knowledge to engage in health-informed decision making and adopt lasting healthy behaviors.



Health Services: Consists of supports provided to promote the physical health of students in the school setting.



Physical Education and Physical Activity: Includes: (a) physical activity before, during, and after school, (b) physical education, (c) staff involvement, and (d) family and community engagement.



Physical Environment [or Safe Environment]: Describes the school building and physical space around the school, school grounds, and the land on which the school is built.



Nutrition Environment and Services: Focuses on developing students' abilities to make healthy nutritional decisions.



Employee Wellness: Focuses on the health and well-being of school employees to promote a positive school environment for all school personnel and students.



Social and Emotional School Climate: Refers to the psychosocial aspects of student experiences.



Family Engagement: Refers to a collaboration between families and school personnel with the goal of fostering positive outcomes for student learning, health, and development across domains.



Counseling, Psychological, and Social Services [or Behavioral Supports]: Consists of school-based prevention and response services that address students' social, emotional, and behavioral (SEB) health.



Community Involvement: Refers to partnerships between school and community groups and/or community-based organizations.