



East
Hartford
Public
Schools

The Whole Child Spotlight Series highlights innovative work to improve student academic, social, emotional, behavioral, and physical health outcomes using the Whole School, Whole Community, Whole Child (WSCC) model.

District Farm to School Program

- Facilitated hands-on learning opportunities and classroom lessons for 1,300 PreK-12 students
- Offered afterschool cooking clubs, taste tests, field trips, and access to school gardens
- Developed partnerships with 7 CT farms
- Increased community and family engagement

WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD
A collaborative approach to learning and health

WSCC is the CDC's framework for addressing health in schools. It's student-centered, emphasizing the role of the community and the use of evidence-based policies and practices.



Nutrition Environment & Health Education

District Farm to School Program

By embedding farm to school programming and hands-on learning opportunities into classrooms, cafeterias, and the community, the program has enhanced **health and nutrition education**. The program's partnerships with local farms and its school gardens have increased **community involvement** and **family engagement**. The local produce from farms and school gardens have enabled students to gain a deeper understanding of where their food comes from and foster a healthy **nutrition environment**.



Impact of Farm to School

"Our Farm to School program has helped students understand healthy eating habits, discover where their food comes from, try new foods and recipes, and feel more connected to their community. It's truly a joy to watch the students engage with the program and thrive—the transformation is inspiring."

— Shari Staeb, EHPS Food Service Director

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I'm incredibly proud. East Hartford is truly a leader in Farm to School!" - Carolyn Pancarowicz, EHPS Registered Dietician

Learn more at

ctwscc.org

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