

East Hartford Public Schools The Whole Child Spotlight Series highlights innovative work to improve student academic, social, emotional, behavioral, and physical health outcomes using the Whole School, Whole Community, Whole Child (WSCC) model.

## Norris Elementary School's

# **CPR Program**

- Partnered with the American Heart Assoc. (AHA) to teach students & families hands-only CPR.
- Students & families learned how to determine if someone is unresponsive and how to call 911.
- Students & families learned the basics of using an automated external defibrillator (AED).
- Members of the East Hartford Fire and Police Departments helped with the training.
- AHA shared critical health information with students and families in English and Spanish.

#### WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD

A collaborative approach to learning and health

WSCC is the CDC's framework for addressing health in schools. It's student-centered, emphasizing the role of the community and the use of evidence-based policies and practices.



#### **Health Education**

# Family Engagement & Community Involvement

### **CPR Program & Whole Child Development**

The program promotes **health education** and **family engagement** by teaching students and families skills needed to assist in a medical emergency and providing bilingual health information. The program highlights the importance of **community involvement** through its partnership with AHA and town fire and police departments.





Learn more at

## Impact of CPR Program

"The Hands-Only CPR event was a great example of our Whole Child commitment—bringing together the American Heart Association, East Hartford Fire and Police Departments, school staff, students, and families to learn a critical life-saving skill. Both students and families walked away more informed and empowered, and we hope to make this meaningful experience an annual tradition."

- Carolyn O'Connor, PE Teacher

how to do CPR with my hands... and keep their heart pumping until the paramedics arrive."

- 5<sup>th</sup> grader

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