



The Whole Child Spotlight Series highlights innovative work to improve student academic, social, emotional, behavioral, and physical health outcomes using the Whole School, Whole Community, Whole Child (WSCC) model.

### East Hartford Middle and High Schools: **Partnership with DT Cares**

- East Hartford Middle School and High School have partnered with DT Cares, a Hartford-based nonprofit organization, to implement a student mentorship program.
- DT Cares works to improve student grades, attendance, and behavior through mentoring groups, small-group workshops, physical activity and school assemblies.
- The partnership has reached approximately 75 middle school and 60 high school students.

**WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD**  
*A collaborative approach to learning and health*

WSCC is the CDC’s framework for addressing health in schools. It’s student-centered, emphasizing the role of the community and the use of evidence-based policies and practices.



**Community Involvement**

**Social & Emotional Climate**

**Physical Education & Physical Activity**

### **DT Cares Mentorship Program**

Students are learning how to regulate emotions, reflect, and communicate effectively. The program aims to help students understand their choices, make value-aligned decisions, and access community resources to support a healthier future.



“DT Cares changed my son’s entire school year. He went from shutting down to opening up, from skipping class to showing up confident. They didn’t just mentor him. They believed in him until he believed in himself.”  
- East Hartford parent



### **Impact of DT Cares**

“DT Cares has brought ‘Be Who You Needed Growing Up’ to our school... [DT Cares’ leader] Terrell, is exactly who our 9th grade students need right now. His positive energy, commitment and authenticity helped him create instant connections with our students.”  
- Chris Sparks, East Hartford High School Assistant Principal

Learn more at  
[ctwscc.org](http://ctwscc.org)

This project is made possible by Grant Award NU58DP007315 from the Centers for Disease Control and Prevention (CDC) and the National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP). The content of this document does not necessarily reflect the official views of the CDC or the Department of Health and Human Services.

